



Clinic Holiday Hours 2025-2026

Merry Christmas and Happy Holidays from the Durham Health team

The clinic will remain open **with reduced hours / staffing** over the holiday period, except we will be **closed on all public holidays**. Normal hours will resume Monday 5th January. Our holiday hours are:

- **Saturday 20 December:** CLOSED
- **Monday 22 December:** OPEN 8am – 5pm
- **Tuesday 23 December:** OPEN 8am – 5pm
- **Wednesday 24 December:** OPEN 8am – 3pm
- **Thursday 25 December:** CLOSED
- **Friday 26 December:** CLOSED
- **Saturday 27 December:** CLOSED
- **Monday 29 December:** OPEN 8am – 5pm
- **Tuesday 30 December:** OPEN 8am – 5pm
- **Wednesday 31 December:** OPEN 8am – 5pm
- **Thursday 1 January:** CLOSED
- **Friday 2 January:** CLOSED
- **Saturday 3 January:** CLOSED

Accessing Medical Care whilst DH is closed:

- For any medical emergencies, dial **111**
- **Riccarton Clinic** and the **24 Hour Surgery** provide urgent care for our patients
- **Bettr Health** is available 24/7 for virtual GP appointments at www.bettr.co.nz
- **Healthline** is also available for free health advice 24/7 on 0800 611 116

If you are feeling stressed or distressed, please contact:

- **1737 Need to Talk?** Free txt or call 1737 anytime – 0800 173701737
- **Lifeline** 0800 543354 or txt (4357) for free 24/7 confidential support
- **Crisis Resolution** – 0800 920092